

FORMULA PREPARATIONS

	Infants (< 1 year)	Age 1 – 6 (or 10-20kg)	7 years - adult
<p><u>Normal formula</u></p> <p>Cows milk protein</p> <p>Diff age formulas vary in levels of protein, vitamins & minerals</p>	<p>Karicare Gold</p> <p>0.68 Cal/mL Nice taste</p>	<p>Nutrini 1.0</p> <p>1 Cal/mL Not flavoured Lactose and gluten free</p>	<p>Nutrison 1.0</p> <p>1Cal/mL Not flavoured Lactose and gluten free</p>
<p><u>Palatable formula</u></p> <p>Cows milk protein Lactose and gluten free</p>		<p>Pediasure 1 Cal/mL Fortini 1.5 Cal/mL</p>	<p>Fortisip Ensure Plus</p> <p>1.5 Cal/mL</p>
<p><u>Normal formula</u></p> <p>High energy and high protein Cows milk protein</p>	<p>Infatrini</p> <p>1Cal/mL Nice taste</p>	<p>Nutrini Energy 1.5</p> <p>1.5 Cal/mL Not flavoured Lactose and gluten free</p>	<p>Nutrison Protein Plus + Multi fibre 1.25</p> <p>1.25 Cal/mL Not flavoured Lactose and gluten free</p> <p>Nutrison Energy 1.5</p> <p>1.5 Cal/mL Not flavoured Lactose and gluten free</p> <p>Nutrison Concentrated 2.0</p> <p>2 Cal/mL Not flavoured Lactose and gluten free</p>
<p><u>Normal alternative protein</u></p>	<p>Karicare Soy</p> <p>0.68Cal/mL Nice taste Lactose free</p>		
<p><u>Hydrolysed protein</u></p> <p>Uses: Gut malabsorption, allergy and cows' milk protein intol. Cystic Fibrosis, Liver Disease</p>	<p>Pepti - Junior Gold</p> <p>0.67 Cal/mL Tolerable taste</p>		<p>Nutrison Peptisorb 1.0</p> <p>1 Cal/mL Not flavoured</p>
<p><u>Elemental</u></p> <p>amino acids glucose polymers mix of FAs</p> <p>Same uses as above, but for more severe cases</p>	<p>Neocate LCP Elecare LCP</p> <p>0.71 Cal/mL High osmolality Gross taste</p>	<p>Vivonex Paediatric</p> <p>0.8 Cal/mL Disgusting taste</p> <p>Neocate Advance</p> <p>1Cal/mL High osmolality Tolerable taste</p> <p>Elecare Vanilla</p> <p>1 Cal/mL Tolerable taste</p>	<p>Alitraq</p> <p>1 Cal/mL Vaguely tolerable</p>

<u>MCT fat</u> Uses: Chylothorax Lymphangectasia LCHADs	Monogen 0.74 - 1 Cal/mL (17.5- 23.6% is mixed to concentration depending on requirements) Nice taste	Monogen 1 - 1.5 Cal/mL (23.6% - 35%, is mixed to concentration depending on requirements) Nice taste	Monogen 1 - 1.5 Cal/mL (23.6% - 35%, is mixed to concentration depending on requirements) Nice taste
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