Appendix 12: PCDAI Score

Paediatric Crohn’s Disease Activity Index: PCDAI

**Abdominal pain**
- None: 0
- Mild (brief episodes, not interfering with activities): 5
- Moderate/severe (frequent or persistent, affecting with activities): 10

**Stools**
- 0-1 liquid stools, no blood: 0
- 2-5 liquid or up to 2 semi-formed with small blood: 5
- Gross bleeding, >6 liquid stools or nocturnal diarrhoea: 10

**Patient functioning, general well-being (Recall, 1 week)**
- No limitation of activities, well: 0
- Occasional difficulties in maintaining age appropriate activities, below par: 5
- Frequent limitation of activities, very poor: 10

**EXAMINATION**

**Weight**
- Weight gain or voluntary weight loss: 0
- Involuntary weight loss 1-9%: 5
- Weight loss >10%: 10

**Height**
- < 1 channel decrease (or height velocity > -SD): 0
- > 1 < 2 channel decrease (or height velocity < -1SD> -2SD): 5
- > 2 channel decrease (or height velocity < -2SD): 10

**Abdomen**
- No tenderness, no mass: 0
- Tenderness, or mass without tenderness: 5
- Tenderness, involuntary guarding, definite mass: 10

**Peri-rectal disease**
- None, asymptomatic tags: 0
- 1-2 indolent fistula, scant drainage, tenderness of abscess: 5
- Active fistula, drainage, tenderness or abscess: 10

**Extra-intestinal manifestations**
- Fever > 38.5 x 3 days in week, arthritis, uveitis, erythema nodosum, or pyoderma gangrenosum
  - None: 0
  - One: 5
  - Two: 10

**LABORATORY**

**Hct (%)**
- < 10yrs: 11-14 (male) 11-19 (female) 15-19 (male)
  - > 33: < 35: > 34: > 37: 0
  - 28-33: 30-34: 29-33: 32-36: 2.5
  - < 28: < 30: < 29: < 32: 5

**ESR (mm/hr)**

<table>
<thead>
<tr>
<th>Albumin (g/L)</th>
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<tbody>
<tr>
<td>&lt; 20</td>
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<tr>
<td>20-50</td>
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<td>&gt; 50</td>
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TOTAL =