

## Appendix 12: PCDAI Score

### Paediatric Crohn's Disease Activity Index: PCDAI

#### Abdominal pain

None	0
Mild (brief episodes, not interfering with activities)	5
Moderate/severe (frequent or persistent, affecting with activities)	10

#### Stools

0-1 liquid stools, no blood	0
2-5 liquid or up to 2 semi-formed with small blood	5
Gross bleeding, >6 liquid stools or nocturnal diarrhoea	10

#### Patient functioning, general well-being (Recall, 1 week)

No limitation of activities, well	0
Occasional difficulties in maintaining age appropriate activities, below par	5
Frequent limitation of activities, very poor	10

#### EXAMINATION

##### Weight

Weight gain or voluntary weight loss	0
Involuntary weight loss 1-9%	5
Weight loss >10%	10

##### Height

< 1 channel decrease (or height velocity > -SD)	0
> 1<2 channel decrease (or height velocity < -1SD> -2SD)	5
> 2 channel decrease (or height velocity < -2SD)	10

##### Abdomen

No tenderness, no mass	0
Tenderness, or mass without tenderness	5
Tenderness, involuntary guarding, definite mass	10

##### Peri-rectal disease

None, asymptomatic tags	0
1-2 indolent fistula, scant drainage, tenderness of abscess	5
Active fistula, drainage, tenderness or abscess	10

##### Extra-intestinal manifestations

Fever > 38.5 x 3 days in week, arthritis, uveitis, erythema nodosum, or pyoderma gangrenosum

None	0
One	5
Two	10

#### LABORATORY

##### Hct (%)

<u>&lt; 10yrs</u>	<u>11-14 (male)</u>	<u>11-19 (female)</u>	<u>15-19 (male)</u>	
> 33	> 35	> 34	> 37	0
28-33	30-34	29-33	32-36	2.5
< 28	< 30	< 29	< 32	5

##### ESR (mm/hr)

< 20	0	<u>Albumin (g/L)</u>	> 35	0
20-50	2.5		31-34	5
> 50	5		< 30	10

TOTAL =
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