

Appendix 11: PUCAI Score

Paediatric Ulcerative Colitis Activity Index: PUCAI

ITEM	POINTS
1. Abdominal pain	
No pain	0
Pain can be ignored	5
Pain cannot be ignored	10
2. Rectal bleeding	
None	0
Small amount only, in less than 50% of stools	10
Small amount with most stools	20
Large amount (>50% of the stool content)	30
3. Stool consistency of most stools	
Formed	0
Partially formed	5
Completely unformed	10
4. Number of stools per 24 hours	
0-2	0
3-5	5
6-8	10
>8	15
5. Nocturnal stools (any episode causing waking)	
No	0
Yes	10
6. Activity level	
No limitation of activity	0
Occasional limitation of activity	5
Severely restricted activity	10
SUM OF PUCAI (0-85)	