

Appendix 7: Pharmacopoeia

Pharmacopoeia for Paediatric IBD

Prednisone	2 mg/kg/day (max 40-50 mg /day) in the morning (for initial period, then reduce as appropriate)
Budesonide	6-9 mg/day initially, then reduce
IV Steroids	Methylprednisolone 1 mg/kg/day (q12h) to max of 60 mgs daily Hydrocortisone 2-4 mg/kg/day (q6h)
Sulphasalazine	50-75 mg/kg/day (up to 3-4 grams daily)
5-ASA	30-50 mg/kg/day (maintenance)
Metronidazole	10 mg/kg/dose BD (max 800 mg daily)
Ciprofloxacin	10 mg/kg/dose BD (max 1000 mg daily)
Azathioprine	Start 1 – 1.5 mg/kg/day - Increase to approx 2.5 mg/kg/day (max 200 mgs/day) **
6-MP	Start 1 mg/kg/day - Increase to approx 1.5 mg/kg/day **
Methotrexate	10 mg/m ² initially, then 15 mg/m ² (max 25 mg) weekly sc **
Tacrolimus	Commence at 0.1 mg/kg/day in 2 divided doses p.o. ** Usual dose 0.2 mg/kg/day in 2 divided doses p.o. (ongoing dose dependant on levels)
Cyclosporin	3-8 mg/kg/dose Q12H
Mycophenylate (MMF)	15 mg/kg/day

** see individual protocols

Available Preparations

Budesonide	3 mg tab (90)
Prednisone	1 mg, 2.5 mg, 5 mg, 20 mg tab
SSZ	500 mg tab - EN (100)
Asacol	400 mg tab (100) 500 mg suppos (20)
Pentasa	500 mg tab (100) 1 g suppos (28), 1 g enema (7), 1 g granules
Olsalazine	250 mg cap/500 mg tab
Metronidazole	200 mg, 400 mg, 200/5mls (100ml), 1g suppos
Ciprofloxacin	250 mg (30), 500 mg (30), 250mg/5ml (100ml), 500mg/5ml (100 ml)
Azathioprine	50 mg (100)
6-Mercaptopurine	50 mg
Methotrexate	20 mg/2ml
Tacrolimus	0.5 mg, 1 mg, 5 mg