Appendix 3:  My IBD Team

IBD Team Contact Lists

It is important that patients (and their families) know which people are contributing to their IBD management along with relevant contact details.

Following are two examples of “MY IBD TEAM” contact lists. The first example is more appropriate for children in a tertiary centre, whilst the second would be more appropriate for a regional centre. Each centre should adapt the form to their particular circumstances, and add the names of all relevant people also with contact details (phone numbers etc.).
Appendix 3a:

MY IBD TEAM

General Practitioner

Paediatric Gastroenterologist

Dietitian

Nurse

Other key people

After hour contact numbers

Other important numbers
Appendix 3b:

MY IBD TEAM

General Practitioner

Paediatrician

Paediatric Gastroenterologist

Dietitian

Nurse

Other key people

After hour contact numbers

Other important numbers: